



Evidence-Based Prevention Programs for Schools, Families, and Communities

## Training of Trainers (TOT) Workshop Overview

*Two-day advanced training workshops teach participants how to deliver and conduct LifeSkills Provider Training Workshops for their organization.*

**TOT Workshop fee (\$1,070) includes:**

- 2-day TOT training workshop (breakfast and lunch provided)
- Participant's Manual (LST Training Slides)
  - Elementary School Training
  - Middle School Training
  - Booster Level Training
  - High School and Transitions Training supplements
- Certification to use NHPA's Training Model for Workshop & Technical Assistance for your site.
- Access to the TOT Resource Center ([www.lifeskillstraining.com/tot](http://www.lifeskillstraining.com/tot)) for links to electronic versions of presentations, documents, and helpful resources including:
  - LST Training Slides for LST Elementary, LST Middle School, LST High School, and LST Transitions
  - Planning Workbook
  - LST Evaluation Tools
  - Fidelity Checklists
  - Curriculum Alignment
  - Classroom Assessments
  - Training Certificate template

**Requirements for becoming a Trainer of Trainers (TOT):**

1. Successful completion of a LifeSkills Provider Training workshop.
2. Implementation of at least one level of the LST program for a full cycle. (*Elementary School 8 sessions; Middle School a minimum of 15 sessions; High School 10 sessions; or Transitions 6 sessions*).

Questions? Email [lstinfo@nhpamail.com](mailto:lstinfo@nhpamail.com) or Call 800-293-4969 or Visit [www.lifeskillstraining.com](http://www.lifeskillstraining.com)