



LST has been taught for the past two years in the Audubon Community School, by LST facilitator Liz Stein in her 9th grade health classes, and in the Exira Elk Horn Kimballton School, by LST facilitator Lisa Dreier in her 8th grade health classes. Mrs. Stein and Mrs. Dreier are both continuing LST curriculum into their up-coming 2019-2020 school year health classes. Both teachers have commented on how LST has been a great curriculum for their classes, as well as a helpful resource for students in learning how to resist alcohol and make good decisions.

LST is one of five prevention strategies that are being implemented throughout the county. If you are interested in learning more about all five strategies, the Audubon County Partnerships for Success Subcommittee, or would like to become involved in this effort, please contact Morgan Bruck at mbruck@newopp.org or call 712-563-6035. The IPFS project is funded by Iowa Department of Public Health, through the Substance Abuse and Mental Health Services Administration (SAMHSA) of the U.S. Department of Health and Human Services.