



Evidence-Based Prevention Programs for Schools, Families, and Communities

Health Survey

Parent Program

Section I

Directions: Please write down or circle the appropriate answer as required.

1. Are you:
1 Male 2 Female
2. What is your age? _____ (years)
3. What is the highest level of education you have completed?
1 Less Than High School 4 Bachelor's Degree
2 High School 5 Master's Degree
3 Associates Degree / 2-Year Jr College 6 Doctoral Degree
4. What is your current marital status?
1 Single 4 Divorced
2 Married 5 Widowed
3 Separated 6 Other
5. Which of the following best describes you?
1 Latino or Hispanic 4 American Indian or Native American
2 Black or African-American 5 White and Non-Latino, or
3 Asian 6 Other
6. Including yourself, how many people are currently living in your household? _____
7. Of these household members, how many are between the ages of 11 and 15? _____

Section II

Directions: Read each statement below and indicate your answer by circling the appropriate answer.

	True	False
1. Most lung cancer cases are linked to cigarette smoking.	①	②
2. Individuals who begin using drugs at age 12 to 15 are at highest risk for developing addictions later.	①	②
3. Cigarette smoking is physically and psychologically addictive.	①	②
4. Most adults smoke cigarettes on a daily basis.	①	②
5. Most adults use marijuana once a month or more.	①	②
6. Adolescent drug use in the United States is the highest in the developed world.	①	②
7. Experimentation with drugs typically begins with the use of cigarettes and alcohol.	①	②
8. All types of adolescents experiment with drugs.	①	②
9. Few adolescents engage in alcohol, tobacco and other drug use.	①	②

Section III

Directions: Please fill in the circle to show how much you agree or disagree with each statement.

	Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree
1. Smoking cigarettes is a socially acceptable habit/behavior for adults.	①	②	③	④	⑤
2. Smoking cigarettes is a socially acceptable habit/behavior for teenagers.	①	②	③	④	⑤
3. It is okay for teenagers to experiment with cigarettes because it is a natural part of growing up.	①	②	③	④	⑤
4. It is okay for teenagers to experiment with alcohol because it's a natural part of growing up.	①	②	③	④	⑤
5. It is okay for teenagers to experiment with marijuana because it's a natural part of growing up.	①	②	③	④	⑤
6. It is primarily the responsibility of the school to educate my child on drug abuse prevention.	①	②	③	④	⑤
7. Parents play an unimportant role in the development of their child's health habits.	①	②	③	④	⑤
8. The use of authority figures (such as police officers) in teaching middle school students about drug prevention is an effective approach.	①	②	③	④	⑤
9. Adolescents that begin using drugs are usually from homes where parental care is lacking.	①	②	③	④	⑤

Section IV

Directions: Please circle a number to indicate your answer to each statement.

Part 1	Never	Seldom	Sometimes	Often	Always
1. I share and teach good values to my child.	①	②	③	④	⑤
2. By dealing with stress appropriately, I set good examples for my child.	①	②	③	④	⑤
3. I demonstrate my own sense of positive self-esteem in order to influence my child's self-esteem.	①	②	③	④	⑤
4. I talk to my child about NOT using drugs.	①	②	③	④	⑤
5. I surround my child with others who model appropriate behaviors.	①	②	③	④	⑤
6. I stand up for my rights when I feel they are violated.	①	②	③	④	⑤

Part 2	Never	Seldom	Sometimes	Often	Always
1. I remain calm and in control when my child misbehaves.	①	②	③	④	⑤
2. I help my child to figure out solutions to their own problems.	①	②	③	④	⑤
3. I enforce clear rules that spell out what I expect my child to do and not to do.	①	②	③	④	⑤
4. I am consistent in disciplining my child for undesirable behaviors.	①	②	③	④	⑤
5. I match the punishment to how serious my child's undesirable behavior is.	①	②	③	④	⑤
6. I reinforce positive behavior through praise and reward.	①	②	③	④	⑤
7. I listen carefully to my child and help them to use words to express their feelings.	①	②	③	④	⑤

Part 3	Never	Seldom	Sometimes	Often	Always
1. I create a safe environment for my child to approach me about their concerns.	①	②	③	④	⑤
2. I initiate family meetings to discuss problems or issues my child might be dealing with.	①	②	③	④	⑤
3. I talk to my child about family rules about alcohol, tobacco and other drug use.	①	②	③	④	⑤
4. I talk to my child about how to refuse an offer from peers to use drugs.	①	②	③	④	⑤
5. I talk to my child about ways to handle stress in their life without the use of cigarettes, alcohol or marijuana.	①	②	③	④	⑤

Part 4	Never	Seldom	Sometimes	Often	Always
1. I am aware of my child's after-school activities.	①	②	③	④	⑤
2. I am aware of my child's whereabouts on weekends.	①	②	③	④	⑤
3. I set a clear curfew time for when my child is required to be home.	①	②	③	④	⑤
4. I closely monitor my child's daily activities.	①	②	③	④	⑤

Part 5	Never	Seldom	Sometimes	Often	Always
1. I tell my child that I do not want them to use cigarettes.	①	②	③	④	⑤
2. I tell my child that I do not want them to use alcohol.	①	②	③	④	⑤
3. I tell my child that I do not want them to use marijuana.	①	②	③	④	⑤
4. I talk to my child about the risks of using tobacco, alcohol and other drugs.	①	②	③	④	⑤
5. I tell my child that I would be disappointed if they used drugs.	①	②	③	④	⑤