



Dear Family,

This year, we will be implementing lessons that can help to protect children against alcohol, tobacco, and other drug use. We will be using a highly effective substance abuse and violence prevention program called Botvin LifeSkills Training. Your child will bring home assignments about setting goals, making decisions, keeping friends, staying calm, and communicating with others.

LifeSkills Training is a program that has been proven to work in more than 35 published studies. Journals such as the Journal of the American Medical Association have reported how students who have participated in the LifeSkills Training program have demonstrated resistance to alcohol, tobacco, and other drug use. These effects have been shown to last for up to 12 years after students have participated in the program. We are pleased to have the opportunity to incorporate this program into our academic day.

Please feel free to contact me or our school's administration if you would like more information about our lessons and how you can reinforce these important skills at home.

Thank you.

Sincerely,