

Alignment of Botvin LifeSkills Training
Middle School Program
with Common Core Anchor Standards
English Language Arts

## **COMMON CORE STANDARD: Writing**

CCSS.ELA – Literacy.CCRA.W.3 Write narratives to develop real or imagined experiences or events using effective technique, well-chosen details, and well-structured event sequences.

## LifeSkills Training Alignment

The Botvin *LifeSkills Training* Program encourages students to use the skills they have learned in the program to develop their own responses to situations they might have to deal with. This requires them to analyze the situation, consider how to use the skill, and then to effectively implement it. Using their own words, students write their own scripts to demonstrate that they understand the processes they go through in order to respond to situations that they may find themselves in.

	Level 1	Level 2	Level 3
Unit	SG	SG	SG
Drug Abuse and Violence: Causes and Effects		pp. 14 – 15	
Drug Abuse: Causes and Effects			pp. 10 – 12
Making Decisions		p. 19	
Smoking: Myths and Realities	p. 27		
Smoking and Biofeedback	p. 33		
Alcohol: Myths and Realities	p. 40		
Marijuana: Myths and Realities	p. 44		
Media Influences		pp. 24 – 26	
Violence and the Media	p. 55		
Coping with Anxiety	p. 58		p. 27
Coping with Anger		pp. 35 – 36	p. 31
Communication Skills	pp. 66	pp. 43 – 45	
Social Skills	pp. 75 – 76	pp. 48, 50	
Assertiveness	pp. 80, 82 – 83	p. 56	pp. 40 – 41, 44 – 45
Resolving Conflicts		pp. 59 – 60	pp. 48 – 49
Resisting Peer Pressure		pp. 64, 68 – 69	pp. 52, 54



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## **COMMON CORE STANDARD: Writing**

CCSS.ELA – Literacy.CCRA.W.9 Draw evidence from literary or informational texts to support analysis, reflection, and research.

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	Level 1	Level 2	Level 3
Unit	SG	SG	SG
Self-Image and Self-Improvement	pp. 14 – 15		
Drug Abuse and Violence: Causes and Effects		pp. 12 – 14	
Drug Abuse: Causes and Effects			pp. 10 – 12
Making Decisions	pp. 17, 19 – 20	p. 18	pp. 15 – 16
Smoking: Myths and Realities	p. 27		
Smoking and Biofeedback	pp. 29 – 33		
Alcohol: Myths and Realities	pp. 37 – 40		
Marijuana: Myths and Realities	pp. 43 – 44		
Advertising	pp. 48 – 51		
Media Influences		pp. 22 – 26	pp. 19, 21
Coping with Anxiety			pp. 24 – 27
Coping with Anger		pp. 35 – 36	pp. 30 – 31
Communication Skills	pp. 67 – 68	pp. 39 – 45	
Social Skills	pp. 71 – 75	pp. 47 – 50	
Assertiveness	pp. 81 – 82	pp. 55 – 56	
Resolving Conflicts			pp. 48 – 49
Resisting Peer Pressure		pp. 63 – 65	pp. 51 – 54