

#### **COMMON CORE STANDARD: Speaking and Listening**

CCSS.ELA – Literacy.CCRA.SL.1 Prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.

#### LifeSkills Training Alignment

The effectiveness of the Botvin *LifeSkills Training* Program in reducing and preventing drug use and violence is based in part in instructional activities and strategies that feature peer-to-peer discussion. These interactions require exploration of concepts, analysis of norms, and practice of skills in small and large, cooperative-learning groups. All of the lessons in the program employ group conversation and collaboration to achieve the social learning and normative objectives of the program.

	Level 1		Level 2		Level 3		
Unit	TM	SG	TM	SG	TM	SG	
All LST units with specific emphasis on:							
Advertising	pp. 1.1 –	pp. 46 – 51					
	1.10						
Media Influences			pp. 3.1 –	pp. 20 – 27	pp. 3.1 –	pp. 18 – 21	
			3.10		3.8		
Violence and the	pp. 8.1 –	pp. 52 – 55					
Media	8.10						
Communication	pp. 11.1 –	pp. 64 – 68	pp. 6.1 –	pp. 38 – 45			
Skills	11.9		6.13				
Social Skills	pp. 12.1 –	pp. 70 – 76	pp. 7.1 –	pp. 46 – 51	pp. 6.1 –	pp. 32 – 36	
	12.10, 13.1		7.14		6.12		
	- 13.8						
Assertiveness	pp. 14.1 –	pp. 78 – 83	pp. 8.1 –	pp. 52 – 56	pp. 7.1 –	pp. 38 – 45	
	14.8		8.13		7.11		
Resolving Conflicts	pp. 15.1 –	pp. 84 – 85	pp. 9.1 –	pp. 58 – 60	pp. 8.1 –	pp. 46 – 49	
	15.7		9.11		8.7		
Resisting Peer			pp. 10.1 –	pp. 62 – 69	pp. 9.1 –	pp. 50 – 54	
Pressure			10.12		9.7		



### **COMMON CORE STANDARD: Speaking and Listening**

CCSS.ELA – Literacy.CCRA.SL.3 Evaluate a speaker's point of view, reasoning, and use of evidence and rhetoric.

# LifeSkills Training Alignment

- 1. Drug resistance skills require the learner to research and authenticate facts about the physical and social/emotional effects of substance use in order to:
  - distinguish between myths and realities of substance use
  - regulate perceptions about the popularity of use
  - apply knowledge of facts to shape personal and interpersonal actions
- 2. Advertising and media resistance skills require the learner to:
  - identify the elements of an advertisement
  - evaluate the credibility of implied and explicit spoken and written messages
  - construct arguments to support or refute media messages
- 3. Social skills require the learner to:
  - advocate and defend pro-health actions to others
  - demonstrate empathy for the position of others

	Level 1		Level 2		Level 3	
Unit	TM	SG	TM	SG	TM	SG
Drug Abuse and Violence: Causes and Effects			pp. 1.2, 1.10 – 1.11	pp. 14 – 15		
Making Decisions			pp. 2.7 – 2.8	p. 19	pp. 2.2 – 2.3	p. 16
Smoking: Myths and Realities	pp. 3.2 – 3.4, 3.7 – 3.8	pp. 24, 27				
Smoking and Biofeedback	pp. 4.8 – 4.9	p. 33				
Alcohol: Myths and Realities	pp. 5.4, 5.6 - 5.9	pp. 38 – 40				
Marijuana: Myths and Realities	pp. 6.2 – 6.4, 6.7	pp. 43 – 44				
Advertising	pp. 7.2 – 7.9	pp. 50 – 51				
Media Influences			pp. 3.2 – 3.6	pp. 22 – 23	pp. 3.2 – 3.5	p. 21

(Continued)



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CCSS.ELA – Literacy.CCRA.SL.3 (continued) Evaluate a speaker's point of view, reasoning, and use of evidence and rhetoric.

	Level 1		Level 2		Level 3	
Unit	TM	SG	TM	SG	TM	SG
Violence and the Media	pp. 8.4 – 8.7	pp. 53 – 55				
Communication Skills	pp. 11.5 – 11.6	pp. 66 – 68				
Social Skills					pp. 6.7 – 6.8	p. 35
Assertiveness	pp. 14.5 – 14.7	pp. 79 – 83			pp. 7.3 – 7.7	pp. 40 – 45
Resolving Conflicts	pp. 15.1 – 15.6	p. 85	pp. 9.5 – 9.8	pp. 14 – 15	pp. 8.4 – 8.5	pp. 48 – 49
Resisting Peer Pressure			pp. 10.2 – 10.9	pp. 68 – 69	pp. 9.2 – 9.4	pp. 52 – 54



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CCSS.ELA – Literacy.CCRA.SL.6 Adapt speech to a variety of contexts and communicative tasks, demonstrating command of formal English when indicated or appropriate.

# LifeSkills Training Alignment

LST social skills competencies require students to learn and apply progressively sophisticated verbal and non-verbal communication skills to achieve understanding in varied and diverse interpersonal settings.

	Level 1		Level 2		Level 3	
Unit	TM	SG	TM	SG	TM	SG
Communication	pp. 11.4 –	pp. 66 – 68	pp. 6.3 –	pp. 39 – 45		
Skills	11.6		6.10			
Social Skills	pp. 12.4 –	pp. 72, 75,	pp. 7.2 –	pp. 48 – 49	pp. 6.3 –	pp. 33, 35
	12.8, 13.2 –	76	7.11		6.8	
	13.6					
Assertiveness	pp. 14.5 –	pp. 79 – 83	pp. 8.1 –	pp. 55 – 56	pp. 7.3 –	pp. 40 – 41,
	14.11		8.10		7.6	44 – 45
Resolving	pp. 15.3 –	p. 85	pp. 9.7 –	pp. 59 – 60	pp. 8.4 –	pp. 48 – 49
Conflicts	15.5		9.8		8.5	
Resisting Peer			pp. 10.5 –	p. 67	pp. 9.2 –	pp. 51 – 52
Pressure			10.7		9.4	