



Top-Rated Prevention Program Adds to Online Training Services

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SOURCE Botvin LifeSkills Training

WHITE PLAINS, N.Y., July 19, 2011 /PRNewswire/ -- Busy professionals can now access prevention education trainings offered online by the leader in the field. Botvin *LifeSkills Training* (LST), the top-rated substance abuse and violence prevention program, recently added Online Training workshops for the Elementary and Transitions programs to their list of services. The Middle School and High School online workshops have already proven to be a huge success among participants.

"The flexibility of LifeSkills Online Provider Trainings gives providers full access to our expert trainers without having to travel," said program developer Dr. Gilbert J. Botvin. "They can fit training around their schedules and reduce the number of hours spent out of their classrooms."

Flexible, convenient, and cost-effective, LifeSkills Online Provider Trainings address the needs of teachers, school counselors, prevention specialists, community youth educators, and other program providers to receive high quality training in the Botvin *LifeSkills Training* Elementary, Middle School, High School, and Transitions programs. The workshops introduce participants to the background theory, research, and rationale behind the LST program; teach them the skills they need to successfully conduct the program; provide practical solutions to implementation issues while maintaining fidelity; and give participants the opportunity to practice teaching selected portions of the curriculum in a constructive and supportive environment.

Each LifeSkills Online Provider Training consists of both live and self-paced sessions. The first session is a live, trainer-led workshop followed by the self-paced portion that is completed according to the participant's schedule prior to the final live, trainer-led session, scheduled a few days after the initial one.

A recent online training participant stated, "The online environment was very enjoyable and the trainer-led portion was very helpful and engaging."

About Botvin LifeSkills Training Botvin *LifeSkills Training* (LST) is a highly effective evidence-based substance abuse and violence prevention program with more than 30 years of peer-reviewed research behind it. Studies testing its effectiveness have found that LST can reduce the prevalence of tobacco, alcohol, and illicit drug use by as much as 80 percent. The program was developed by Dr. Gilbert J. Botvin, professor of Public Health and Psychiatry at Cornell University's Weill Medical College and director of Cornell's Institute for Prevention Research. LST has been used with youth in all 50 states, the District of Columbia, Puerto Rico, the Virgin Islands, and in 32 countries around the world. LST is included in the National Registry of Evidence-based Programs and Practices (NREPP) and has been selected for prevention excellence by numerous organizations including the U.S. Department of Education, the Center for Substance Abuse Prevention, the National Institute on Drug Abuse (NIDA), and the Office of Juvenile Justice and Delinquency Prevention (part of the U.S. Department of Justice). Recently LST was selected as a Top Tier prevention program by the Coalition for Evidence-based Policy, an independent, non-partisan, non-profit organization in Washington, DC. Visit www.lifeskillstraining.com for more information.