

## LifeSkills Provider Open Training Registration Form

### LST TRAINING INFORMATION

**Location:** NHPA  
711 Westchester Avenue  
3<sup>rd</sup> Floor  
White Plains, NY 10604

**1-Day High School Training**  
**Training Date:** May 9, 2012

**Training cost: \$235 per person**

**Time:** 8:30am – 3:30pm

**Contact:** Wendy Armstrong

[warmstrong@nhpamail.com](mailto:warmstrong@nhpamail.com)

**Continental Breakfast and Lunch will be provided.**

**Please do not book any travel until confirmation has been provided!**

### CONTACT INFORMATION

#### Billing Information:

#### Shipping Information: If other than Bill-to (No P.O. BOX)

Name:	Name:
Agency/School:	Agency/School:
Address:	Address:
City/ST/Zip:	City/ST/Zip:
Phone:	Phone:
Email:	Email:

### TRAINING MATERIALS

**Every participant must have training materials at the workshop. Please check one if ordering training materials.**

Middle School Training Set- \$135.00 (Includes Teacher's Manual, Student Guide, Smoking & Biofeedback DVD, and Stress Management CD)  
 Elementary School Training Set- \$102.60 (Includes Teacher's Manual and Student Guide.)

High School Training Set- \$102.60 (Includes Teacher's Manual and Student Guide.)  
 Parent Program Training Set-\$207.36 (Includes 1 Leader's Manual, 1 Parent Guide, & 1 DVD)

\*prices include ground shipping within USA

### PAYMENT METHOD

**Please make all payments payable to:**

National Health Promotion Associates, Inc.

711 Westchester Ave. White Plains, NY 10604

**Credit Card:**  Visa  Master Card  American Express

Name on Card: \_\_\_\_\_

Card # \_\_\_\_\_

Exp Date: \_\_\_\_\_ Security Code \_\_\_\_\_

Check here if billing address above is the same for credit card.

Address: \_\_\_\_\_

City/ST/Zip: \_\_\_\_\_

Signed Purchase Order # \_\_\_\_\_

Enclosed check # \_\_\_\_\_

Must fax copy of PO and/or check to 914-421-2007

Registration Fee: \$ \_\_\_\_\_

Training Materials: \$ \_\_\_\_\_

**Total Payment due:** \$ \_\_\_\_\_

Please fax registration form along with method of payment to 914-421-2007 or email to [training@nhpamail.com](mailto:training@nhpamail.com). Registration is not complete until payment is received. For further information please contact our training department at 914-421-2525.

**Travel & Lodging Information**

<b>Travel Logistics:</b>  <b>LaGuardia Airport</b> – 45 minutes from site <b>JFK Airport</b> – 55 minutes from site <b>Westchester Airport</b> – 11 minutes from site	
<b>Recommended Lodging:</b>  <b>Sheraton Tarrytown Hotel</b> 600 White Plains Road Tarrytown, NY 10591 Call Erin O'Connor 914-460-2003 Corporate Rates Available <i>Free shuttle service available to/from training site.</i>	<b>Recommended Lodging:</b>  <b>Hyatt House (formerly known as Summerfield Suites)</b> 101 Corporate Drive White Plains, NY 10604 Call Jenny Mazzurco 914-251-9700 x509 Corporate Rates Available <i>Free shuttle service available to/from training site.</i>

**Driving Directions:**

**From the west:** Take 287E towards White Plains/Rye/Connecticut. Take exit 8E Westchester Avenue (the second #8 exit). Travel through two traffic lights. After the second traffic light the road will split to the right with a driveway into the White Plains Office Park. Take that right into the complex. Travel through two stop signs. After the second stop sign make your first left turn into the parking lot for 711 Westchester Avenue. Entrances are located on the ground and first floor of the building.

**From the east:** Take the Bronx River Parkway North to the Sprain Parkway North. Take the exit for 287E towards White Plains/Rye/Connecticut Take exit 8E Westchester Avenue (the second #8 exit). Travel through two traffic lights. After the second traffic light the road will split to the right with a driveway into the White Plains Office Park. Take that right into the complex. Travel through two stop signs. After the second stop sign make your first left turn into the parking lot for 711 Westchester Avenue. Entrances are located on the ground and first floor of the building.

**From the north:** Take the Taconic Parkway South to the Sprain Parkway South. Take the exit for 287E towards White Plains/Rye/Connecticut. Take exit 8E Westchester Avenue (the second #8 exit). Travel through two traffic lights. After the second traffic light the road will split to the right with a driveway into the White Plains Office Park. Take that right into the complex. Travel through two stop signs. After the second stop sign make your first left turn into the parking lot for 711 Westchester Avenue. Entrances are located on the ground and first floor of the building.

**From the south:** Take I-87 North. Merge onto I-287 E / CROSS WESTCHESTER EXPY via exit 8 toward White Plains/Rye. Once on 287 East take exit 8E Westchester Avenue (the second #8 exit). Travel through two traffic lights. After the second traffic light the road will split to the right with a driveway into the White Plains Office Park. Take that right in to the complex. Travel through two stop signs. After the second stop sign make your first left turn into the parking lot for 711 Westchester Avenue. Entrances are located on the ground and first floor of the building.